

# SELF ASSESSMENT: WHERE ARE YOU IN YOUR LAUNCH SEQUENCE?

Read each statement and rate it on a scale of 1 to 5, one being "Not true of me," and five being "Very true of me."

At the bottom, average your score for each section.

## Stage I: Love God

1. I see and worship God in my daily activities.
2. I regularly engage in a prayer discipline or quiet time.
3. I regularly attend worship (more than once a month).
4. I can speak freely and confidently about the character of God.

**Reflection Question:** Does something prevent me from attending worship or engaging God more personally?

## **Stage 2: Love God**

1. I am part of a small group.
2. I attend Journey, Oasis, or another study opportunity.
3. I invite Christ into my interpersonal relationships, including with my children, spouse, parents, or friends.
4. I serve inside our church, including caring for church members in congregational care or welcome.

**Reflection Question:** What stands between me and more Christ-centered relationship or Christian community?

## **Stage 3: Love Neighbors**

1. I know my spiritual gifts, and the ministries available to serve in at Suntree
2. I have set aside time to serve in my community.
3. I regularly share of my own resources to help neighbors in need.
4. I treat my neighbors, even those different from me, like children of God.

**Reflection Question:** What is my biggest struggle in serving my neighbors?

## **Stage 4: Extraordinary Love**

1. I share my faith with friends who do not go to church.
2. I have considered leading or I do lead in our church.
3. I support my church fully with my prayers, presence, gifts, and service.
4. I seek new opportunities to learn and grow into God's love in my world.

**Reflection Question:** What prevents me from continuing to orbit in healthy discipleship?

# RESULTS

Average your score from each stage of the assessment. Then, read the answer key and get ready to Launch into Extraordinary Love!

**Between 1-2:** There's room for growth. Make some goals to increase your effort in this area. Get an accountability partner.

**Between 2-4:** You're moving in the right direction! Maybe you need to focus your efforts in another area, but you can still grow here.

**Between 4-5:** You are strong in this area! Maybe you can mentor a friend or a neighbor in this area, or offer to facilitate an opportunity in this stage. Pray about how God can use your strength in this way.

